



The Summer Clinical Attachment Programme (SCAP) at CUHK was an extremely eye-opening experience for me. This programme provided us with learning experiences such as infection control and surgical workshops, as well as shadowing doctors in their daily routines at the hospital. Throughout the four days, we were also given exclusive visits to medical facilities, allowing me an insight into many different branches of medicine I'd never been exposed to in the past.

During SCAP, we were allowed a two-night overnight stay at college student hostels, which allowed me a glimpse of life as a medical student first-hand. One of the most unforgettable moments (and there were many) was when I was fortunate enough to be assigned to a surgical stream on the second day of doctor shadowing, which allowed me to enter an operating theatre to witness a cardiothoracic surgeon performing an open heart surgery. This was my first time watching a real-life surgery with my own eyes, and was a truly incredible moment for me.

Throughout the programme, something that was consistently impressed upon me was how warm and friendly the CUHK environment was. Even within the operating theatre, surgeons were always willing to answer my questions and explain their surgical procedures. What inspired me the most was how every student in the faculty seemed to be part of a tightly knit family, and it was amazing to see how they would strive to achieve their goals together without any sense of competition.

I'm very grateful to be one of the two students nominated for this programme, and would like to thank my teachers for giving me this opportunity. While shadowing doctors as they tended to one patient after the next during shifts at the hospital, I could truly see how strenuous and hectic the life of a doctor really was. Yet as I watched them interact with patients with smiles on their faces, I felt that their dedication and passion towards their job made it all the more meaningful and rewarding. This week has allowed me to explore deeper into medicine, and has left me with renewed certainty and determination to work hard and pursue medicine as a future career pathway.

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