



Welcome from the Principal



Dear Year 6 students

A very warm welcome from me and from everyone at Sha Tin College as you prepare to join us in August. We are very excited to welcome you to the College and at the moment we are busy preparing for your arrival. We know that transition from primary to secondary school can be both an exciting time and a time of worry for students. I promise you that everyone here is looking forward to meeting you and that there is absolutely nothing at all for you to worry about. We take very seriously our role in making you all feel welcomed and valued as part of our community and we will do everything we can to help you settle in.

Life at Sha Tin College is very exciting and dynamic and there will be lots of activities and opportunities for you to get involved in the life of the College. Our staff and students are very welcoming and our students in particular will be excellent role models for you. The best advice I can give you is to be brave and courageous. It will help you to take advantage of all of these new opportunities and to reach out to others and make new friends and connections.

On a personal note I very much look forward to welcoming you in person when you visit the College in June for your Induction Day. In the meantime enjoy your remaining weeks at your primary school and treasure the many memories you will make during this time.

Ms. Carol Larkin
Principal



The Year 7 Team



Ms. Mathilde Hazenberg
Head of Year 7



Ms. Laura Ryan
Deputy Head of Year 7

Tutors



Mr. Stephen James
Tutor Dragon 1



Ms. Kate Turbett
Tutor Dragon 2



Ms. Yu Min Chen
Tutor Griffin 1

Tutors



Ms. Jessica Carter
Tutor Griffin 2



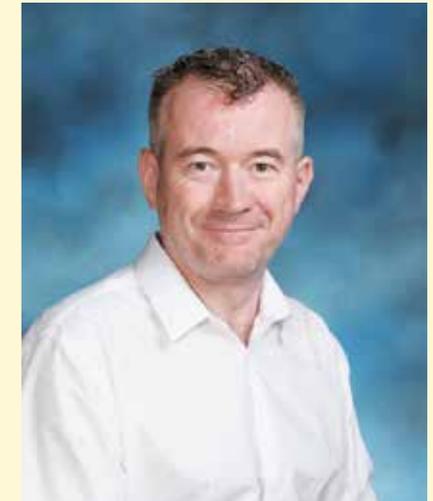
Ms. Buki Mintjens
Tutor Pegasus 1



Mr. Christian Baker
Tutor Pegasus 2



Mr. Neil Harris
Tutor Phoenix 1



Mr. Mick Wilson Tutor
Phoenix 2

What will you study?



What will you study?

We are excited to be able to offer you the Middle Years Programme (MYP). This programme supports the learning you have been doing in PYP, but there are a few key differences.

Firstly, you have a choice of language to study. You have already made your selection to study Chinese, French or Chinese and French. In Year 8 you will need to choose which of these three options you will continue to study for Year 8 and 9.

Secondly, you will be taught in disciplines and this means that you will have expert teachers teaching you in separate subjects. In PYP you studied units of inquiry and these have subjects within them. For example, the “How we express ourselves” unit could have elements of English, Music, Art, Drama and Philosophy and Religious Studies. Although we teach in separate subjects (also called disciplines), you will have a chance to do interdisciplinary (between subjects) units and the first example of this is the “Black Death” unit of work taught in Science and History. The following is a full list of the learning areas for MYP and the subjects that you will be taught within these learning areas. In the next pages you will find more information about the things you will be learning in your first term in Year 7 at Sha Tin College.

- Arts (Art, Drama, Music)
- Design (Design Technology, Food, ICT)
- English
- Individuals and Societies (Geography, History, PRS)
- Mathematics
- Language Acquisition (Chinese, French)
- Physical Education
- Science

In Years 7 – 9 the curriculum is designed to be broad to enable you to explore areas of interest, discover new areas of learning and learn more about yourself and your passions. Throughout your learning journey at Sha Tin College you will have many opportunities and choices to explore your interests and develop your potential to ensure that your future is the best that we, together, can make it.



Home Learning

Home Learning is set to help you improve and make progress with your studies. In Year 7 you should only have up to 60 minutes of Home Learning each day because it is important that you make the most out of your lessons at school and then have time to rest and have fun in the evenings. For the first month at STC your teachers will not set you any Home Learning because you will need to focus on getting organised and getting used to being in a new school. When teachers start setting Home Learning they will record this on SMART and you and your parents will receive a daily email listing the tasks set by your teachers. The Home Learning will also appear on your Google Calendar which you will need to check each day. If you don't understand the task then it is important to ask your teacher or a student in your class so that they can explain it to you.

What will you study?



Key areas of MYP curriculum

Subject	Topic and Key Inquiry Questions	Useful information about this subject
Individuals and Societies		
PRS	<p>1. An introduction to world religions Inquiry Questions:What are the are features of the six major world religions? How do religions impact on the local community? Why is it important to study religion? Key Concepts: Identity, Global interactions. Global Context: Personal and cultural expression.</p> <p>2. Sikhism and Symbolism Inquiry Questions:</p> <ul style="list-style-type: none"> • How do cultures use symbols to express identities? • What is the symbolism of the 5Ks? <p>Key Concepts: Systems, Culture, Identity. Global Context: Identities and Relationships.</p>	<p>PRS stands for Philosophy and Religious Studies. In this subject you will learn about a variety of different beliefs and perspectives on humanity, life and the universe. Understanding the beliefs of others is vital to ensure we are respectful and open minded. Philosophy translates as the love of wisdom. So to be an effective Philosopher you need to know a lot! This is why in PRS we focus on building up your knowledge. When you have a wide range of knowledge it is easier to be able to think logically and be able to spot the strengths and weaknesses of an argument. A successful Philosopher has good critical thinking skills.</p> <p>In Term 1 you will be going on the PRS trail which is a field trip to 4 different places of worship in Hong Kong. (The Kowloon Mosque, Wong Tai Sin Temple, St John’s Cathedral and The Gurdwara)</p>
History	<p>1. Where in Time am I? Key Concepts: Time, Place and Space Related Concepts – Perspective & Culture Global Context: Identities and Relationships Statement of Enquiry: Time, place and space affect our identity formation</p> <p>2. How Civilised were the Ancients? Key Concepts: SYSTEMS Global Context: Identities and Relationships Statement of Enquiry: Civilisations are systems that developed over time as people learnt to take on different roles within societies.</p>	<p>At Sha Tin College, we study History as a separate subject.</p> <p>We’ll start with an introductory unit on your personal History and you will be asked to draw a time-line of your life. Once you’ve settled in and have had a chance to find out about the skills we aim to develop in History classes, we’ll start to examine three different Ancient Civilisations. We’ll look at the Ancient Egyptians, Romans and Chinese. You will learn about the identities of and relationships between different people in Ancient Civilisations. You will learn that systems such as Ancient Civilisations developed so that people could live together in the most productive ways possible.</p>
Geography	<p>Introduction to Geography: What is Geography? What does Geography have to do with me? Where is my place in the World?</p> <p>Unit 1: Our Restless Planet Concept: Systems Inquiry statement: Tectonic hazards are a result of natural processes and systems. Scientific and technological innovations allow people to live in dangerous areas and survive the consequences of hazard events.</p> <p>Unit 2: Zombie Survival map skills Concept: Time, Space, Place Inquiry statement: Showing the Earth’s surface in different ways and orientations, as the essential tool for further insight and exploration.</p> <p>Unit 3: Water in our World Concept: Change/Systems Inquiry statement: Water is a resource which connects places in time and across space. Water sustainability is important on both a local and global level.</p>	<p>In Geography you will consolidate and extend your knowledge of the world’s major countries and their physical and human features. You will explore how geographical processes interact to create distinctive human and physical landscapes that change over time. In doing so, you should become aware of increasingly complex geographical systems in the world around you. You should develop greater competence in using geographical knowledge, approaches and concepts (such as models and theories) and geographical skills in analyzing and interpreting different data sources. In this way you will continue to enrich your locational knowledge and spatial and environmental understanding.</p> <p>Geography students will apply geographical skills to:</p> <ul style="list-style-type: none"> • Collect, analyze and communicate with a range of data gathered through experiences of fieldwork that deepen their understanding of geographical processes • Interpret a range of sources of geographical information, including maps, diagrams, and globes • Communicate geographical information in a variety of ways, including through maps, numerical and quantitative skills and writing at length.

What will you study?

Key areas of MYP curriculum

Subject	Topic and Key Inquiry Questions	Useful information about this subject
Sciences	<p>Unit 1: Being a scientist in the MYP</p> <p>Inquiry Questions:</p> <ul style="list-style-type: none"> • What are the key features of MYP Science? • How is a laboratory different to other classrooms? • What are the steps in a scientific investigation? <p>Unit 2: Basic adventures with acids</p> <p>Inquiry Questions:</p> <ul style="list-style-type: none"> • What are the properties of acids and bases? • How do we use indicators to measure acidity? • What safety measures are needed when handling acids and bases? • What causes acid rain? 	<p>In this first unit you will find out what scientists do, the way that they ask questions and how you can start to become a scientist. You will explore the working environment of scientists, learn how to develop a scientific method and practice the various skills needed to complete a successful investigation.</p> <p>At the end of the unit you will use the skills you have developed to design and carry out your own investigation and write up your findings within a scientific report.</p> <p>In the second unit you will learn about chemicals known as acids and bases. You will discover that they are not only found within a laboratory but also have many other uses in our lives. You will also learn about the negative impacts they can have on both your health and the environment and analyse the methods that are used to reduce and prevent this.</p>
Mathematics	<p>Unit 1 - Designing a bedroom Understanding form and measurements to make ideal use of Space.</p> <p>Unit 2 - Why do we use letters in Maths? Investigating relationships and recognising patterns to solve problems using systems and equivalence.</p>	<p>In the first unit you will be learning skills in the areas of number and shape. These skills will be tested at the end of the unit when you are asked to design a bedroom using a budget and a floor plan. The mathematics involved will include area, perimeter, scale drawings, multiplication, addition, and subtraction, all with decimal numbers.</p> <p>In the second unit you will be looking into the introduction of letters in mathematics and delving into the new world of algebra. Topics will include negative numbers, substitution, collecting like terms, problem solving and standard mathematical notation. This unit will be assessed by a mathematical investigation task.</p>



What will you study?

Key areas of MYP curriculum

Subject	Topic and Key Inquiry Questions	Useful information about this subject
English	<p>Unit 1: Autobiography</p> <ul style="list-style-type: none"> In what ways and to what effect do writers play on the assumptions of readers to create suspense? What literary techniques are used to accomplish this? Why do we tell stories about ourselves? What can we express through a personal story? What is culture and how can we reflect this in a written text? How authentic can a personal narrative be? Does a personal narrative need to be authentic? <p>Unit 2: Appearance and Reality</p> <ul style="list-style-type: none"> How are short stories different from other genres? What are the common features of short stories and of those in the mystery genre? What are the common features of all stories? What are the common features of paragraphs? How should supporting textual references (quotes) be used? Embedded? What is the best strategy for identifying literary features in texts? In what ways and to what effect do writers play on the assumptions of readers to create suspense? What literary techniques are used to accomplish this? 	<p>Throughout your MYP Language and Literature course in Y7, you will develop an appreciation of the nature of language and literature and of its power and beauty. You will be encouraged to recognize that having strong language skills is a powerful tool for communication and one of the most enjoyable means of self expression.</p> <p>MYP Language and literature incorporates creative processes and encourages the development of imagination and creativity. The way you interact with texts can generate insight into moral, social, economic, political, cultural and environmental factors and so contributes to the development of opinion forming, decision-making and ethical-reasoning skills, and further develops your attributes as an IB learner.</p>
Design	<p>Product Design</p> <p>Topic 1 - Lights ahead</p> <ul style="list-style-type: none"> What is ergonomics? How does ergonomics improve usability of products? <p>Digital Design</p> <p>Topic 1 - Your world of technology</p> <ul style="list-style-type: none"> When did the electronic computer age start and who were the people involved? What are the consequences of instant information and communication technologies on your everyday life? <p>Food Design</p> <p>Topic 1 - Resources and risk</p> <ul style="list-style-type: none"> What is the difference between quality and safety? Whose responsibility is it to identify the risks associated with food resources? 	<p>MYP design involves applying your creativity to explore designing and making opportunities. You will be exploring three major areas of MYP design: product design, digital design and food design. Within each of these area you will carry out projects that explore global and local environmental issues, the well-being of individuals and societies, the needs and wants of a range of users. The type of activities you will carry out include prototyping, modelling, experimenting, analysing, adapting and evaluating. The first term at the College will introduce you to the design studios, equipment and key concepts.</p>



What will you study?

Key areas of MYP curriculum

Subject	Topic and Key Inquiry Questions	Useful information about this subject
Language Acquisition		
Languages French Phase 1	There are four units: Unit 1: Myself, family and friends <ul style="list-style-type: none"> To what extent is my identity related to how I communicate with others? Unit 2: Home <ul style="list-style-type: none"> Is language the only aspect when orienting yourself in space? Are there others? Unit 3 Shopping and food <ul style="list-style-type: none"> What are the differences between food cultures (gastronomy)? Unit 4: Hobbies <ul style="list-style-type: none"> Is what we say less important than how we say it? (accuracy versus TRUE communication?) How do you identify cultural and personal expression in a language? 	You will learn how to interact with people speaking French in short dialogues about yourself, family, friends and hobbies. You are going to be able to ask your way if lost and order food. You will understand better some simple cultural things about France and Francophone countries. You will be exposed to grammatical concepts: conjugation, gender, agreement. We participate in the Speech competition, Video competition, Poster competition and Dictation competition. You should participate!
Languages (Chinese)	Language Acquisition Phase 2: Unit 1: Colours and clothing SOI: People's identity is expressed by what people wear. Unit 2: Weather and holidays SOI: People make travel decisions based on their personal experiences and perspectives. Phase 3.1 Unit 1: Out and about SOI: Going out and exploring the city can give people new experiences. Unit 2: Fable stories SOI: Myths, legends and folktales connect people across the world that express traditions, beliefs and values. Phase 3.2 Unit 1: Travel around SOI: People understand history and culture through exploring the city. Unit 2: Fable and idiom stories SOI: People recognize value of ideas from fables and idioms Language and Literature Unit 1: Literary texts about family relationships SOI: Literary texts can express people's feelings towards their families through different genres. Unit 2: Literary texts about time management and value of success SOI: People's beliefs and perspectives reflect on their personal experiences through author's choice of text structure.	

What will you study?

Key areas of MYP curriculum

Subject	Topic and Key Inquiry Questions	Useful information about this subject
Physical and Health		
Physical Education	<p>There are 5 units that you will rotate around during their time in Year 7:</p> <ol style="list-style-type: none"> 1. Body Fit 2. Creative Movers 3. Swimming 4. Striking and Fielding 5. Invasion Games 	<p>During the 5 units, you will be assessed in a number of different ways; knowing and understanding, planning and performance, applying and performing, reflecting and improving performance.</p>
Global Thinking Skills (GTS)	<p>Global Thinking Skills</p> <ol style="list-style-type: none"> 1. Responsible use of technology 2. Bullying & Cyberbullying 3. Learning Styles 	<p>In GTS you will learn life skills that are not subject specific. You will reflect on how you learn best and then try to apply this thinking in other subjects. You will be getting a new laptop to work on and so it is very important that you know how to use it responsibly to help with your learning.</p>
Arts		
Drama	<p>Unit 1 Express Yourself</p> <p>Unit 2 Masks and Metamorphosis</p>	<p>You will be looking at the body and how we can use it to communicate meaning to others and to an audience. You will also use Shakespeare's play <i>The Tempest</i> as a key part of this investigation.</p> <p>You will be studying masks in World Theatre and how we act using masks. You will also design your own mask and masked performance.</p>
Music	<p>Unit 1 Elements of Music</p> <p>Unit 2 Rhythm</p>	<p>You will look at what the elements of music are and study how composers and musicians use these elements to communicate meaning to their audience.</p> <p>You will learn how different cultures use different systems to notate music. Specifically through the medium of South American Samba you will learn how to perform as a group and the importance of your role in ensemble performance.</p>
Art	<p>Unit 1: Personal Identity</p> <p>Key Concept: Identity</p> <p>Related Concepts: Representation & Narrative</p> <p>Global Contexts: Identities and Relationships</p> <p>Statement of Inquiry: The process of creative expression can lead to self discovery.</p> <p>Inquiry questions</p> <p>Factual: What is the definition of identity?</p> <p>Conceptual: How is identity interpreted visually in the world today?</p> <p>Debatable: Is an artist's identity purely created by the times and culture they live in?</p>	<p>Reflecting upon <i>what is identity</i>, you will begin documenting and recording objects through photography and a variety of drawing skills. By exploring the aesthetics and concepts of 1960s POP ART, you will develop your own composition made up of your selected objects before creating a final print. You will be exploring the artwork of artists: <i>Andy Warhol, Roy Lichtenstein & print maker, Michael Craig Martin</i>. You will be engaging in a variety of different processes and asking key questions such as: What is Identity? How can we represent this through our artwork? How do these objects reflect who I am? How can we explore this through the materials we use? Colour meaning and symbolism will be explored in the lead up to their final piece.</p>

What will you study?



Other Important People

In addition to Ms. Purves, Head of Middle School (Years 7 – 9), Ms Hazenberg, the Head of Year 7 and Ms Ryan, Deputy Head of Year 7, we also have counsellors, such as Joanna and Laura, a school health professional Donna Buckner and a social worker, Marisa To who are here to help you feel happy during your time at STC.

Each Year 7 tutor group will have their own Year 9 Student Leaders who will help you get used to being at a new school. They will run workshops with you on how to get organised and will provide help and a friendly face when you have any questions or concerns.

Our Student Council and Year 12 Student Leaders visit tutor groups regularly so you can feel reassured that the divide between young and older students is not a barrier. You will also have other trusted people on campus as friends or advisers.



Support Staff you must know



Ms Lorna Gomes is the Principal's Secretary. She can help you if you need to see the Principal for any reason or you have a question which no one else can answer. You can find her in the General Office.

Should you have any problem with your timetable or with logging on, accessing our school intranet, the SMART/website/'Gateway' such as emailing, etc, help is at hand in the IT Resources Office up in Room 335. Staff at the 'White House' are always there to help you, too, with your stationery and textbooks.



Communication

If we didn't listen to students, the College would be dreadfully unhappy and unsuccessful. Student 'voice' is an important part of our Mission and Aims. We try to make student participation across the spectrum of school life one of our priorities.

The Student Council is one powerful way that students can share ideas and suggestions, but in every aspect of school life, student voice is linked to our purpose as teachers.

If you are looking for information about what is happening every day and planning ahead so you are organised, look out for the electronic bulletin boards around the campus. You can find one in Reception, one in the Library, and one outside the General Office on the Ground Floor, for example. The Daily Bulletin provides you with essential notices and reminders about all events and activities.



Go to SMART. There are lots of interesting things there, including a copy of the Daily Bulletin. You will have your own email account which will allow you to stay connected with the school and beyond. It's vital to check these every day.

Tutor Time is another chance for communication with your fellow House members, student leaders, your Head of Year at assemblies and, of course, your Tutor.



The STC student Media Team regularly publish news on the school website about exciting events that happen at our school. If you get involved, it might be **YOU** we celebrate in an article soon!

The Tutor's Role

We believe that positive relationships between students and teachers have a strong impact on academic success. Not only that, but also their emotional, social and psychological wellbeing, too. We aim to build strong, respectful and supportive relationships so that the transition from primary to secondary school is free of anxiety and an adventure.

Your Tutor is the person you will have one of the most meaningful relationships with.

You may be asking yourself what a Tutor does. Remember: it's not what they do which is most significant but the relationships they build with you. The Tutor is the person in the school who will probably get to know you best. This is the person that all other teachers, parents and the Head of Year will ask if they have any questions about you. So, amongst loads of other things, the Tutors are responsible for:

Tutor Time with you each day, checking attendance, giving you messages through our Daily Bulletin, helping you plan, get organised, taking an interest in your academic achievement, discussing targets with you, accompanying you to, and organising, your tutor group to lead assemblies, coordinating charity events and... countless other activities throughout the year.



Language we teach and EAP* Support

We ensure that every student is supported to access and engage with the curriculum, and express themselves through the medium of English. To facilitate enhancement of language skills, we encourage students to speak English during lesson time (except in Modern Languages classes); however, we also consider mother tongue a resource to aid comprehension. We are proud of the varied cultural and ethnic backgrounds of our student population and acknowledge that a number of our students have English as an additional language (EAL). We are committed to providing a differentiated system of inclusive support to all our students with language and literacy difficulties. They are identified based on recommendations of subject teachers and provided support through co-teaching within the mainstream English classrooms or separate targeted small group classes by the EAL specialists to equip them with strategies to handle language intensive mainstream subjects. Please do not hesitate to contact Nandita Tewari, Head of EAL, with concerns about your child.

Ms. Nandita Tewari, Head of EAL



* English for Academic Purposes

What Year 7s say

Studying in STC isn't as easy as you think, you have to study harder than you expect. First of all, you get Home Learning, lots of Home Learning, much more than in SJS. It is also really challenging because you have to study harder and revise for the tests and assessments.

The good thing about STC is that you have a wide range of subjects to study, and there are lots of fun lessons, for example, Food Tech, Design Technology, Art, PE, and lots of other things.

Isabel Sanchez-Wu 7G1



Sha Tin College is a great school! Not everything is very challenging, but it can be a bit nerve-racking. The more you challenge yourself, the more confident you will be. You have to work and sit next to the opposite gender of yours. You will meet a lot of new friends, and you will get to know almost everyone in your year group (Y7). In lessons, if you don't raise up your hand, the teacher might pick you. There will be more Home Learning than you are used to.

Kobe Jackson 7G1

Life in Year 7 is quite free, but the amount of Home Learning, though little, has increased. In Year 7, you don't have to eat lunch from a plastic, aesthetically unappealing lunchbox. In STC, you can buy whatever you want from the cafeteria's wide array of choices. Not only that, but the food is very good! There are 2 break times for you to relax and chill. First break consists of 20 minutes, and second break consists of 55 minutes. Wow, that's a lot of social time and freedom! The classes in STC are also different to classes in Sha Tin Junior. Instead of 7 periods, we have 5 periods a day, each class consisting of around 63 minutes. We also have a wider selection of classes, some which includes classes like Food Technology and Science, meaning you get to learn more! In STC you are organized into classes according to your abilities, so you can learn to your full potential. Overall, I'd say that life in Y7 is better than life in Y6, but really, it's your own opinion. Hope to see you in STC next year!

Agatha Wong 7G1



Hello Year 6. Next year, you will experience a very big change - moving into secondary school. Trust me, it is not hard to adapt to the school. There are many friendly teachers that are really eager to teach you stuff. I remember on my first test in year 7, I was very nervous. It turns out, after a few more tests completed, you get used to it. Now, the tests are a piece of cake (though I still need to study). Even if you get a very bad mark, the teachers will not scold you. They will kindly just teach you again. If you get a bad grade, don't worry! There are many other opportunities for you to try again. Just don't give up. When you feel stressed towards Home Learning or tests, go and have a break and the next day, you will be back with flying marks.

Benedict Pang 7X2



What Year 7s say



STC has the best teachers ever, trust me, you will love them. It's so fun here, you will have a blast at STC. STC offers a range of different subjects for you, from P.E to PRS. I know you must be thinking: what about Home Learning? Well, don't worry for the first month, you don't need to worry about all that. But after that things do get a bit messy with Home Learning. But I'm sure the Home Learning here is no match for your smart brains. Beside that STC also offers CAS activities for you, it's the perfect opportunity to try new things or build up to you old interests.

Shirin Bakuly 7G1



I didn't come from SJS. The first day I came, I was really afraid of speaking English because I was afraid that people would laugh at my grammar, but the teachers are kind to everyone. The higher years are friendly to us. The more and more confident with speaking English. I have to thank my friends, my classmates, and the teachers for that.

Harvey Fung 7G1

Sha Tin College is tough to start with, but once you get used to it it is quite fun and entertains you for the amount of time the school day is. Home Learning is time-consuming but when you get it done and it is up to standard, you feel good about it.

Zach Linnitt 7G1



Sha Tin College is a good school. There are a lot of facilities and support to help us on different subjects, social communication, thinking and doing research. When I first came to Sha Tin College, I was

worried about a lot of things such as: how do I do this, how do I do that, what will happen if I did this wrong? But after a while, I found out there are a lot of things that help me, for an example Home Learning Club helped me on the Home Learning I didn't know how to do. I hope you do well at Sha Tin College.

Isaac Choy 7D2

Year 7 has been a very good experience. My tips are to do your Home Learning on time, socialize with some students that you don't know, join a bigger range of activities, have your stationary ready for each lesson, buy extra school bags just in case one breaks, have extra correction tape in your bag. And if you are finding homework or projects hard, talk to your tutor, teacher or parent.

Larissa Fong 7G1

Welcome Messages from

Vice Principal



When I was the age you are now, my mother had her fourth child. This daughter, Karen, was one of THE best things that had ever happened to me. She still brings everyone in my family immense joy. Having this new baby, bringing the number of children in my family to four, resulted in many changes, however. One of the biggest changes was that I quickly became less carefree, more responsible, less pursuant of fun and more trusted to put another person's needs before my own. I understood that I was expected to be more sensible, do more household chores and see less of my friends so I could babysit when my mum was at work. In other words, I accepted that having a brand new little sister, something wonderful, meant sacrifices.

Were these sacrifices worth it? You BET they were. I became more patient, mature and hard working. Because of Karen, I also had to make the transition to a new school and not the one all my friends were going to for secondary school. At first I was sad and worried about this. Who would I eat lunch with? Would I be picked for the Netball team? How could I survive Maths without Veronica, my Maths lifesaver? Would Home-Learning now dominate my life and would

expectations at my new school be so high that I'd disappoint my mother, be given detentions orsomething worse! The night before school I didn't sleep hardly at all. I lay awake thinking of all the DISASTERS that awaited me. In the end I repeated comforting phrases to myself, like, 'You'll be OK. Think about this as an adventure' and 'This will be a story to entertain my children with one day' and I made it through the front gate..

It took about ten minutes for me to realise I had been a NINNY. What had I been anxious about? Everyone was welcoming, friendly and helpful. My Tutor had organised a 'buddy' for me to show me the tuckshop and share lunch with me. I quickly realised I could sign up for the Netball team by just writing my name on a sheet outside my Head of Year's office. In the first assembly, I heard that there were NO detentions and there was loads of support for Maths Morons, like me. Whew!

Not *every single thing* about secondary school was positive, of course (like the time the top of my bathing costume came off in the water during the 50 meter race or when my favourite History teacher left to become a revolutionary and when our Year 8 camp was set on fire by a stupid, careless cigarette smoker) - but overall secondary school was amazing. I loved it and still have friends from that time. I learned loads about myself, other people and the big wide world. Even though it was sometimes hard, I am grateful for those experiences.

Isn't it ironic that I ended up as a teacher in a secondary school? And one of the best in the world, too. Yes - Sha Tin College, where I am extremely proud to be Vice Principal. You are super lucky to be coming here. You'll find there are so many opportunities to grow and thrive you might even feel a bit overwhelmed by them, at first. Do not worry. Just always, always try your best. Never be afraid to ask questions. Be kind to everyone and keep in mind how wonderful it is when someone smiles at you, then do it to others. Remember, at Sha Tin College, it's cool to learn. We expect you to be curious, organised and respectful. We are all excited to meet you and we're a little envious of all the fabulous years you have ahead of you. Think about it. You will leave secondary school in 2025! This school will be your second family, your safe place to take healthy risks and a place where you will be your best version of yourself. If you're lucky, you'll make friends for life at STC and some of your dreams will come true.

Let's see what you can do as a Sha Tin College student. I'm betting that you will love the school almost as much as me.

Mrs. Christine Rowlands
Vice Principal



Dear Year 6 Students,

A new experience awaits you at Sha Tin College, and we are all very much looking forward to welcoming you here. You might be feeling a mixture of excitement, but also nervousness. But rest assured that we are a very happy school with many talented staff who are all eager to guide you through. My advice is to seek out new opportunities both inside and outside the classroom, and immerse yourself in the vibrant house spirit! Being organised and trying your best are essential to being successful at STC. You will have lots of new things to learn so being organised is key! There are so many exciting opportunities for you to experience and so you need to be enthusiastic and make the most of these. If you are ever in doubt about anything, then we will all be happy to help you. We will see you soon!



Best wishes
Miss Purves
Senior Leader, Middle School (Y7-9)



Hello and welcome to Sha Tin College!

I am the Middle School administrator of Sha Tin College. Please feel free to come visit me in the Middle School office, Room 238. I will be more than happy to help you if you're unable to find your next class, lose any of your belongings, need to have an early leave or have any questions or concerns. I will do my best to solve any of your problems. I hope you will enjoy your days at Sha Tin College and I look forward to seeing you all soon.



Ms. Vivian Luo
Middle School Administrator





Dear Year 6 Students,

I am so excited to have you joining us at the college in August. This transition will be a big change for you and lots of new experiences are awaiting: new friends, classrooms, teachers, MYP subjects and activities, CAS week and much more. It may feel a little overwhelming but remember that Sha Tin College is a community full of people who are here to help. All the students here have been through the same journey and will happily support you. We also have a wonderful Middle School team who are very excited to meet you and guide you through your first year at Sha Tin College.

Whatever you do once you join us, whichever subjects and activities you choose, whoever you form long lasting friendships with and wherever you go to after you have left Year 13, remember that we are a community where we all look after each other and strive to be responsible and kind. See you soon!

Best wishes
Ms Mathilde Hazenberg, Head of Year 7

Dear Year 6s,

This is a very exciting and nerve-wracking time. It is quite understandable to be a little nervous but please remember that all your friends are feeling the same way and that there are lots of friendly people at STC who are there to help you. Come ready to learn,; join some activities and try new things.

Best wishes
**Ms Laura Ryan
Deputy Head of Year 7**



Learning Support Department

The Learning Support Department provides academic support and enrichment activities for all students. Classes are offered to help students develop their literacy and Math skills across the curriculum and strategies for organizing, learning, revising and remembering are taught. Our Department also sponsors fun and exciting social skills and mindfulness activities to promote teamwork and resiliency. Our gifted and talented education programme includes enrichment and extension activities to help students develop their special abilities and talents. Departments offer special activities and information is shared about programmes with the school community.

Homework Club

If you feel swamped with Home Learning and don't know where or how to begin, then Homework Club is the place for you! Homework Club meets every Tuesday and Friday during lunch time. Help is available from staff and senior students. Come and get study tips, revise for a test and/or finish all your Home Learning. Sign up for it as a CAS activity or just come when you need help. Hope to see you there.

**Ms Laurie Stien, Head of Learning Support
Mrs Jessica Loebig, Head of Learning Support**



Welcome Messages from

House Coordinator

Hello Everyone! I am the teacher who puts together the activities programme and also coordinates all the House events.



We would like all of our students to join in with activities at Sha Tin College. We believe there is more to life than playing on an Xbox, posting on Snapchat or watching TV!

Through our CAS activities programme there are many options to choose from and they change every term so over the course of the year you can experience a variety of activities. The activities take place during lunchtimes and after school and hopefully you will be able to find something that is suitable for you.

You will be placed in one of our four Houses: Dragon, Griffin, Pegasus and Phoenix. Through your House you will also have the opportunity to take part in many House events, all of which gain points towards the House cup which is awarded at the end of the school year. Through your tutor group you will be involved in the annual House charity fundraising events. You will be raising awareness as well as funds to support the four House charities: Crossroads Foundation, Habitat for Humanity, St Barnabas and Child Welfare Scheme.

Ms Jane Parry
Senior Leader



Health Professional

Welcome to Sha Tin College! As the school nurse, I am here to help you with your physical, emotional, and social health and to support your every success in the learning process. You can come and see me when you are ill or injured from 7:30 am to 4:30pm. My office is located on the ground floor (Room 104) next to the General Office.

Ms Donna Buckner, BSN, RN, NCSN
School Nurse





Dear students,

The Library and Learning Centre (LLC) at Sha Tin College provides a warm and friendly learning environment to meet the needs of our young learners. Within the walls of the library you will find a wealth of information on topics that support your classroom studies and your recreational interests. By providing access to quality information in print and electronic format the LLC's goal is to maximise your learning potential by encouraging you to become competent users of information and knowledge, encourage a lifelong pursuit of learning and help you nurture a love of

reading.

There are a number of ways you can keep up-to-date with library news:

- The library webpage on SMART provides access to lots of useful educational links
- Our library BLOG will keep you updated with the latest library news and happenings
- Through the library catalogue, OLIVER, you'll be able to see what new books have arrived in the LLC and find useful links including one to the STC iBook platform
- Select books through recommendations from online reading guides
- Access school databases and..... much, much more!

You can get involved in the library by becoming a Library Monitor or by participating in the 'Battle of the Books' competition held each year against other international schools in Hong Kong. We also promote and showcase books selected for Carnegie Medal Award and the Hong Kong Golden Dragon Awards. Both the Battle of the Books and our selection of award winning books provide an excellent way to introduce students to books they may not otherwise pick up. It also provides a great opportunity to discuss the books together.

The library is staffed by Ms Sonia Hansen, Librarian and Ms. Mandy Chan, Library Assistant. The library opening hours are from 8:00am – 4:30pm, Monday to Friday. Students are welcome to access the library and borrow books before school, during lunch and after school. Once a fortnight Year 7 students come to the library with their English class for quiet reading and borrowing.

Ms Sonia Hansen
Librarian



Bookmark Competition Winners 2018



Sigrd Poon 7X1
Georgina Leung 11D2
Maisy Wan 11D1
Camellia Kendrick 9X2
Queenie Wong 11X2
Janice Wong 7X1
Suki Wong 12G2
Priscilla Fung 11X1

School Counsellors



Joanna Day
Counsellor



Laura Phare
Counsellor

Being a teenager can be tough! It can often feel as though you are dealing with lots of stress, which may get in the way of your happiness. Talking to a counsellor helps as it can be a great way to explore your thoughts and feelings about things, and even help you to find solutions to your problems. No problem is too small or too big, so if you would like to come and talk to someone, in confidence, please feel welcome to contact us, Joanna Day on joanna@psychcentralhk.com or Laura Phare on laura@psychcentralhk.com in Rooms 331 and 332.

Looking forward to meeting you this year,

Joanna Day
Counsellor

Laura Phare
Counsellor



Marisa To
School Social Worker

Dear students,

You may face a lot of challenges during this stage when you get to secondary school, but it is also a stage full of opportunities where you can explore what you want and who you are. It's important to talk to a social worker if you feel confused, stressed, frustrated, etc. All your emotions are welcomed, no matter if they are negative or positive. The social worker's room is a place where you will feel relaxed, safe, and I will be the one you can trust and can share whatever you want with. I will be there to go through your problems with you, and hear your stories without being judgemental. So, don't hesitate to talk to me, I will be your safe harbour. Contact me on maris.to@stconlie.edu.hk or in Room 331.

Marisa To
School Social Worker

from the Social Worker

Welcome Messages from

Communication Officer

Your first day (or even the first few weeks!) at Sha Tin College can be both exciting and daunting. We are very much a friendly community. So, we will try to help as much as we can, whether it be lost things, finding your way around school, Octopus cards not working, etc. Embrace the various activities on offer including after school activities, CAS, and sports and as well as your own class subjects because secondary school is such an exhilarating time of your life.

I hope you enjoy your time here at school. Do remember to swipe in with your Octopus card in the morning and swipe out when you leave.

Tasha Lau
Communication Officer



The End...

Well, that's it- for now. This provides you with a glimpse into our school but the real adventure begins when you come, for keeps, in August.

Till then, stay in touch, stay well, happy, safe... keep learning.

Farewell from everyone waiting to welcome you to Sha Tin College.

Ms. Lucie Purves

