



13<sup>th</sup> March 2016

## CAS trip Crossroads 25<sup>th</sup> April or 9<sup>th</sup> May

Dear Parents,

As part of the IB Diploma programme students are required to complete CAS (Creativity, Activity & Service) which is one of the three course requirements that make up the core of the IBDP programme.

As you are aware there is an allocation of a period of CAS per week in the timetable for all year 12 students. As part of this program of CAS lessons this, we have organized an activity for students at the Crossroads foundation in Tuen Mun. Crossroads Foundation is a non-profit organization which the school has supported for many years as one of the house charities. Students will be participating in one of their “Global X-periences” simulations on Tuesday 25<sup>th</sup> April or 9<sup>th</sup> May from 2.10 pm to 5.00pm.

**25<sup>th</sup> April – 12 D1, G1, P1, X1**

**9<sup>th</sup> May – 12 D2, G2, P2, X2**

Transport will be provided to and from the venue and students will be accompanied by teachers from Sha Tin College. Please sign the form below to express your permission to allow your child to participate in the activity at Crossroads Foundation. Crossroads would also like their own information and permission slip signed and this is also attached. **Please hand in all forms to the Senior School Centre by March 28th.**

Please feel free check on Crossroads website for more details or contact me at school if you require further information regarding this activity.

Yours sincerely

Wendy Ho & Richard Overens

CAS Coordinator





## **Refugee Run: Participant Information**

Thank you for your willingness to participate in a simulation at Crossroads Foundation. We use simulations as they offer a depth of understanding beyond the reach of a speech or discussion. They are not talks, instead participants take an active role, exploring a small taste of what it is like for people in need. They can therefore be out of participants' natural comfort zones. So in order to have a fulfilling and enriching experience we ask that all participants read and adhere to the following requirements:

### **Refugee Run Simulation;**

This simulation has been designed by refugees, Internally Displaced Persons (IDPs), the United Nations and Non-Government Organization colleagues to create as realistic a scenario as possible and to target issues that need addressing by all of society: ethnic conflict, military arrogance, corruption, disempowerment and frustration.

This is our most intense simulation and it is important for participants to understand that they will be entering a high stress environment. During the simulation participant's face:

- Taking on a "persona" of a refugee which may include issues of age, disabilities and the like
- Simulated attacks where they may be 'injured'
- Simulated life in a refugee camp: hunger, illness, lack of education, corruption and uncertain shelter or safety
- Unexpected sounds of explosions, being shouted at and moments of darkness.
- Being marched under guard, subjected to ambush and, ultimately, offered a chance of resettlement where they must re-build their lives.

It can therefore be overwhelming for participants who are upset by loud noises, explosions or darkness or who have previous experience of being in conflict scenarios.

It is important that participants enter the simulation understanding the wider context of refugee issues. We therefore ask that all participants conduct their own research into refugees before committing to joining this simulation. It is the group organizer's responsibility to ensure that all participants have prepared themselves for the simulation and understand that this activity must be approached with a respectful attitude.

During the briefing for the Refugee Run, participants are reminded that should they wish to step out of the simulation at any time and for any reason, they can do so by speaking directly to a cast member. They are then free to talk through their experience with a lay counsellor if desired and, should they wish, rejoin the group for the debrief.

Thank you again for your willingness to experience the needs of others. Please print and sign the attached form and bring it with you on the date of your booking.



**CAS trip Crossroads 25<sup>th</sup> April or 9<sup>th</sup> May**

Student Name: .....

Teaching group: .....

<input checked="" type="checkbox"/>	<b>Please tick each row</b>
	I give permission for my child to attend the Crossroads Global X-perience on <b>25<sup>th</sup> April or 9<sup>th</sup> May</b>
	I understand that a bus will take students to the Crossroads location in Tuen Mun and return to Sha Tin MTR afterwards.
	I give permission for my son/daughter to make their own way home from Crossroads in Tuen Mun
	I have ensured that my son/daughter understands that it is important for her safety and safety of the group that s/he obeys any rules and instructions given by the staff at Crossroads Foundation.
	I have read, signed and am returning the Crossroads participation form as well as this permission slip.
	I confirm that all medical information about my child is up to date on Gateway

Parent name .....

Parent signature.....

Contact Number ..... Date.....





**Refugee Run: Participation Acknowledgement**

I, ..... now  
acknowledge my awareness that my participation of the Refugee Run may involve the  
following high intensity experiences;

- Simulated attacks
- Explosions and loud noises
- Darkness
- Being marched under guard
- Separation from friends and/or family

I have been informed and understand that my participation in the Refugee Run  
simulation may expose me to certain foreseeable and unforeseeable stress and that I  
am able to remove myself from the simulation if required.

I understand and agree to suitably prepare myself for this simulation by researching into  
the wider context of refugee issues and agree to approach the simulation with a  
considered attitude.

Name of participant .....

Sha Tin College Teaching group .....

Signature of participant .....

Name of parent/guardian if participant under 18 years  
.....

Signature of parent .....

Date .....

