

Directions to the Hong Kong Institute Of Education Sports Centre Travelling From Fanling

Follow Highway 9 (Route 9) for signs "Tai Po South, Kowloon".

As you go down the hill with Tai Po on your left stay in the left hand lane and take "Exit 5 Tai Po South"

At the end of the slip road you have to turn left, you will see a blue sign facing you signposted "Tai Po".

As you merge onto the Tai Po Road down the hill towards the roundabout move over to the right hand lane.

At the roundabout which has a giant cube type object in the middle turn right back on yourself.

Take the exit with the blue sign "Tai Po Kau and Fanling"

As you go up the slip road there is a blue sign on your left which has "University, Kowloon via Tai Po Road as the road swings to the right.

You are now on Tai Po Road.

Pass Emerald Palace (residence) on your right.

Pass Constellation Cove on your left.

Pass Tai Po Kau Park (Leisure and Cultural Dept) on your left (has a water fountain setback from the road) You are now very close

Pass bus stop on your left and see immediately a blue sign "The Hong kong Institute of Education Sports centre"

Turn left into Look out Link . Follow the road which bears to the right down the hill towards the sea and the KCR railway, pass Villa Castell on your right (you are now on Yau King Lane) and turn left into the Sports Centre.

You have now arrived!