

## **Directions to the Hong Kong Institute Of Education Sports Centre Travelling From Sai Kung**

Follow Sai Sha Road to the Ma On Shan By Pass signposted "Sha Tin Central and Kowloon"

Look on your left for blue sign "1/2 KM Tai Shui Hang & Tai Po"

Take this exit left and follow the green sign for "Tai Po which features the Route 2 symbol"

Follow sign "Ma Lui Shui & Tai Po". Go up the flyover and take "Exit 7 Ma Liu Shui, Race Course"

Come to first roundabout and turn right (third exit on the left signposted to Science Park, Pak Shek Kok ) over the Expressway (Tolo Highway)

Turn right at the roundabout (signs for Landing Steps, Race Course) descend down the hill to the next roundabout and go straight on (second exit on the left signposted Police Marine Base, Race Course, Sha Tin, Kowloon (C & W)) at the next set of traffic lights go straight on, follow signs for "Race Course Route 2".

Stay in left lane as you emerge onto the Expressway then take "Exit 3" on your left

Drive into race course and follow the blue signs for "Grandstand Car Park". Carry on straight to go under the Hong Kong Jockey Club canopy super-structure and on your right you will see a blue sign "Tai Po, Grandstand Car Park, Penfold Park car park".

Immediately at the end of the canopy super-structure is a blue sign "Get in Lane" Tai Po (turn right symbol) also Tai Po is written on the road in big white letters.

Turn Right at the stop sign to Tai Po, go up the ramp (you will now be going back on yourself with the canopy now on your right). The road then bends to the left.

Follow the green sign for "Tai Po Road". (NOT EXPRESSWAY! Be careful not to go back onto the Tolo Highway).

Then come across "2 Roundabouts"

At the first roundabout go straight on (i.e. take the second exit on the left).

Follow the sign "University, Tai Po"

At the second roundabout go straight ahead (i.e. take the second exit on your left).

Follow the road up the hill pass the Chinese University on your right.

When you pass the Japanese International school on your right hand side you are very close.

Pass the Sinopec fuel station on your right then 75 meters on look for the blue sign on your left signposted for the "Hong Kong Institute of Education Sports Centre".

Turn Right

You will also see signs for "Look Out Link", "Villa Costa" and "Villa Castell" on the opposite side of the road together with another sign for "Hong Kong Institute of Education Sports Centre".

Follow the road which bears to the right down the hill towards the sea and the KCR Railway, pass Villa Castell on your right (you are now on Yau King Lane) and turn left into the Sports Centre.

You have now arrived!